

## APPETIZERS

<b>THE OG 'ORIGINAL GUACAMOLE' VEG GF</b> .....	8
made to order, pico, cotija, tortilla chips	
<b>HUMMUS V GF</b> .....	9
chilled local veggies, good olive oil	
<b>COCONUT CARROT SOUP V GF</b> .....	6
local vegetable crudites	
<b>FAMOUS GREEN GAZPACHO V GF</b> .....	6
olive oil, basil	
<b>CAULIFLOWER 'WINGS' VEG GF</b> .....	8
housemade hot sauce, house made ranch	
<b>AVOCADO TOAST V</b> .....	6
fresh basil, marinated tomatoes	

## HOW WE ROLL

<b>AVOCADO SUMMER ROLL V</b> .....	8
house made sambal	
<b>*SPICY TUNA ROLL GFO</b> .....	10
cucumber, spicy mayo, sesame, sweet soy	
<b>SHRIMP &amp; AVOCADO ROLL GFO</b> .....	10
crispy shrimp, scallion, soy-truffle aioli	

## SALADS

<b>*CAESAR GFO</b> .....	8
chilled romaine, house dressing, parmesan croutons	
<b>KALE &amp; CLOVER V GF</b> .....	10
shredded kale, apples, celery, almonds, raisins, clover sprouts, sherry-agave vinaigrette	
<b>CHOPPED CHICKEN GF</b> .....	13
mixed greens, pears, grapes, gorgonzola, walnuts, bacon, italian vinaigrette	
<b>GREEK OUT VEG GF</b> .....	10
mixed greens, tomato, feta, cucumber, chickpeas, olives, oregano, pine nuts, maple vinaigrette	
<b>KALE POWER V GF</b> .....	10
shredded kale, quinoa, roasted sweet potatoes, apples, pine nuts, maple vinaigrette	
<b>SUPERFOOD V GF</b> .....	10
kale, romaine, quinoa, shaved raw veggies, avocado, almonds, apricots, lemon vinaigrette	

## MIX 'N' MATCH

CHOOSE: ONE 4 TWO 7 THREE 10

<b>CARROT LENTIL SALAD V GF</b>	cilantro, mint, curry vinaigrette
<b>SPAGHETTI SQUASH V GF</b>	champagne vinaigrette, currants, pine nuts
<b>MEDITERRANEAN QUINOA VEG GF</b>	tomato, cucumber, feta
<b>BOMBAY POTATOES VEG</b>	indian spices
<b>STUFFED AVOCADO VEG</b>	couscous, pico, cotija
<b>SIMPLE SALAD V GF</b>	mixed greens, tomato, cucumber, lemon vinaigrette
<b>STEAMED BROCCOLI V GF</b>	fresh lemon

## PLATES & BOWLS

<b>*TUNA POKE BOWL GFO</b> .....	14
marinated tuna, sticky rice, nori, edamame, radish cucumber, ginger, sesame	
<b>SEOUL FOOD VEG</b> .....	10
kimchee fried brown rice, mixed veggies, egg, 'wok sauce'	
<b>*SEARED SIRLOIN STEAK GF</b> .....	21
daily veggie, bombay potatoes, tomato mojo	
<b>THAI RED CURRY</b> .....	12
chicken, mixed veggies, spicy coconut curry, brown rice	
<b>SOUTHWEST QUINOA BOWL V GF</b> .....	11
black beans, salsa picante, avocado, tomato, dried corn, cilantro, crunchy tortilla strips	
<b>SHRIMP PESTO PASTA GFO</b> .....	12
sauteed shrimp, cherry tomatoes, basil, pesto, pine nuts, classic penne or 'zucchini noodles'	
<b>TURKEY BOLOGNESE GFO</b> .....	12
classic penne or 'zucchini noodles'	
<b>CRISPY HALF CHICKEN GF</b> .....	18
roasted potatoes, green beans, salsa verde, grilled lemon	
<b>CHICKEN &amp; HUMMUS GF</b> .....	12
grilled chicken, hummus, lentils, quinoa, tomato, arugula, grilled lemon	
<b>*SEARED SALMON GF</b> .....	17
quinoa, marinated tomato, green beans, arugula	

## HAND HELDS

<b>PORTOBELLO BURGER VEG GFO</b> .....	10
creamy goat cheese, arugula, tomato jam	
<b>VEGGIE PANINI VEG GFO</b> .....	10
zucchini, portobello, marinated peppers, provolone, basil pesto	
<b>SICILIAN CHICKEN PANINI GFO</b> .....	12
grilled chicken, spicy salami, provolone, pesto mayo, peppers, italian vinaigrette	
<b>MY GO-TO TURKEY SANDWICH GFO</b> .....	10
lettuce, tomato, avocado, bacon, dijon mayo	
<b>*THE CHEAT DAY CHEESEBURGER GFO</b> .....	10
two natural beef patties, american cheese, lettuce, tomato, special sauce	
<b>*SEARED TUNA SANDWICH GFO</b> .....	14
soy-truffle aioli, bibb lettuce, asian slaw	
<b>*VIETNAMESE STEAK SANDWICH</b> .....	14
grilled marinated steak, pickled veggies, cilantro, basil	

## ADD ONS

<b>*SEARED SALMON 7   SHAVED CHICKEN 3</b>
<b>*ALL NATURAL BEEF 7</b>
<b>GRILLED CHICKEN 5   MARINATED TOFU 4</b>

V=VEGAN

VEG=VEGETARIAN

GF=GLUTEN FREE

GFO = GLUTEN FREE OPTION however our kitchen is not gf